



Waivers of Liability

I agree to forever release, discharge, full indemnify and save harmless, H2O-FIT, its directors, employees, volunteers, business operators, agents and site property owners or occupiers (the "Organization"), and their assigns from any and all claims, demands and expenses whatsoever on account of damage to or loss of property, physical or mental injury or death.

I acknowledge my obligation to immediately inform the nearest employee of the Organization if I feel any pain, discomfort, fatigue, nausea or other symptoms that I may suffer during and immediately after my participation in athletic activities with the Organization. I understand that I may stop participation at any time, and I may be requested to stop by an employee of the Organization who observes any symptoms of distress or abnormal response.

I hereby affirm that I have carefully read, fully understand and agree to the above. I understand that this waiver is binding on myself and my Legal Representatives.

Signature _____ Print Name _____ Date _____

I hereby release Toronto Don Valley Hotel & Suites Ravine Club, its managing agent, its owners, parents, subsidiaries, affiliates and managers, operators and their respective directors, officers, employees, agents, contractors, successors and assigns (collectively, the "Releasees") from and against any and all liability for any losses, damages, injuries, expenses, demands or causes of action that I may suffer or that may be suffered by my personal representatives, heirs, assigns, executors, administrators and next of kin, whether with respect to personal injury, death, damage to or destruction of property, theft of property or otherwise, which may arise as a result of my presence in, upon or about the premises of, or my use of, the facilities of Toronto Don Valley Hotel & Suites Ravine Club, due to any cause whatsoever, including, but not limited to, any negligence, breach of contract, breach of statutory duty of care, or breach of the Occupier's Liability Act, R.S.O. 1990 c.0-2 on the part of the Releasees.

Signature _____ Print Name _____ Date _____